



## Vaccinated – protected: in daycare centres and nurseries



### Dear parents,

Your child is starting at a nursery or daycare center (Kita) for the first time.  
Keep your child safe by protecting them the best you can against infectious diseases.

### Vaccinated – protected: Keep your child and others safe

Infants and toddlers in particular are susceptible to many highly contagious, infectious diseases.  
**Before entry to a daycare centre, you should therefore check the current vaccination status of your child and if necessary have your child (re)vaccinated!**

By vaccinating, you are protecting your own child. But you are also assuming social responsibility: Usually, vaccinated children do not infect others and therefore also offer protection to all those who, e.g., are too young for a measles vaccine or who cannot be vaccinated due to immunodeficiency. Unvaccinated pregnant mothers and their unborn children are also protected.

### The measles vaccine – why is it so important?

**Measles is not harmless.** Measles weaken the body's immune system over several months. This can pave the way for many more infections, such as pneumonia or middle-ear infections. Inflammation of the brain, which occurs in about one in every 1,000 children is particularly dangerous and can cause permanent damage.

**Measles is highly infectious.** The measles virus can be easily transmitted from person to person, e.g. even by just speaking. It is already infectious 3–5 days before the onset of the typical rash.

**Visiting ban during an outbreak.** During a measles outbreak, unvaccinated children may be temporarily excluded from the daycare centre.

### Missed the vaccine? No problem!

Missed vaccinations can be made up at any time. Take the opportunity and refresh the vaccinations, not only of your child, but your entire family.

The efficacy and safety of all recommended vaccines is under constant scrutiny by government agencies. The benefits of these vaccinations far outweigh the low risks.

If you have any questions about vaccinations, doctors throughout Bavaria and your health department will be only too happy to advise you. Current and detailed information on vaccinations can also be found on the internet at [www.impfen.bayern.de](http://www.impfen.bayern.de).

