

Vaccinated – protected: in daycare centres and nurseries

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Dear Parents,

Your child is starting at a nursery or daycare centre for the first time. Keep your child safe by protecting them the best you can against infectious diseases.

Vaccinated – protected: keep your child and others safe

Infants and toddlers are particularly susceptible to many highly contagious and infectious diseases. Before they are admitted to a daycare centre, you should therefore check the current vaccination status of your child and, if necessary, have your child (re)vaccinated.

You are protecting your own child by vaccinating but you are also assuming social responsibility. Vaccinated children do not usually infect others and therefore also protect all those who, e.g., are too young for a measles vaccine or who cannot be vaccinated due to immunodeficiency. Unvaccinated pregnant mothers and their unborn children are also protected.

The measles vaccine – why is it so important?

Measles is not harmless. Measles weakens the body's immune system over several months. This can pave the way for many more infections, such as pneumonia or middle-ear infections. Inflammation of the brain, which occurs in about one in every 1,000 children, is particularly dangerous and can cause permanent damage.

Measles is highly infectious. The measles virus can be easily transmitted from person to person simply by speaking, for example. It is already infectious 3–5 days before the outbreak of the typical rash.

Measles Protection Act. Children from the age of one, i.e. 12 months of age or older, who are not or insufficiently vaccinated against the measles, will not be admitted to a nursery or daycare centre. The only exceptions are children with medically certified immunity or a permanent, medical contraindication. More information can be found at <u>www.masernschutz.de</u>.

Missed a vaccination? No problem!

You can catch up on missed vaccinations at any time. Take the opportunity to update vaccinations, not only for your child but for your entire family.

The effectiveness and safety of all recommended vaccines is under constant scrutiny by government agencies. The benefits of these vaccinations far outweigh the slight risks.

If you have any questions about vaccinations, doctors throughout Bavaria will be happy to advise you. Current and detailed information on vaccinations can also be found on the internet at **www.impfen.bayern.de**.

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